



# FUNCTIONAL FITNESS FEST 2017

SEPT. 22ND & 23RD 11:00 AM TO 6:00 PM

**HAVE FUN • PLAY GAMES • WIN PRIZES & RAFFLES**  
WHILE YOU LEARN TO IMPROVE YOUR FITNESS, NUTRITION,  
OVERALL HEALTH AND WELL-BEING!

Hosted by

## FUNCTIONAL FITNESS & EQUIPMENT SALES OF BARRINGTON

- All Ways Healthy Natural Foods Center • Amp Your Journey Wellness
- Angel Water • Athletico Physical Therapy • Heinen's Fine Foods
- Pure Organic Juicery • Road Runner Sports • Village Cycle Sport

Come prepared to MOVE!

GROUP CLASSES & "FITNESS LEVEL" CONTESTS.

*Winners will be feted and rewarded*

Healthy Food and Drink Samples, Demos include: Proper Bike Fitting, Physical Therapy, Athletic Shoe Fitting, Exercise Equipment, and more!

## SPECIAL "FITNESS FEST 2017" PRICES on

Certified Pre-owned **PRECOR**

- TREADMILLS • ELIPTICALS, • EXERCISE BIKES

ALL WITH **FREE PERSONAL TRAINING PACKAGES**

Watch Demos and Test Drive your Favorites

**400 W. NORTHWEST HWY. (RT. 14)**  
in Barrington (next to Garfields) 847.381.2108